

December 2017 Newsletter

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December 7 Holiday Fiesta

Register at www.icf-nt.com
or click on Registration Button

\$40 Per Person

Spouses, Significant Others Welcome!

**Register for December 7
Holiday Fiesta**

*Pay for this event online **by
December 1**
when registering*

Meeting Details

Time: 5:00 to 8:00 PM
Location: Via Real Restaurant
Address: 4020 N MacArthur Blvd,
#100
Irving, TX 76038

December 7 ICF-NT Holiday Fiesta

December 7 Holiday Fiesta

Come One, Come All, Amigos and Amigas!

Register Now Amigos and Amigas!

Registration Deadline is NOON on December 1

Pre-registration is required.

No tickets will be available at the door.



THURSDAY, DECEMBER 7, 2017

HOLIDAY FIESTA

VIA REAL RESTAURANT, IRVING TEXAS
4020 N MacArthur Blvd #100

5:00 – 8:00 PM | \$40 PER PERSON

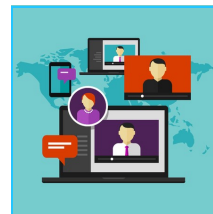
Includes Dinner And 2 Drink Tickets
Complimentary Dessert plus a Free Gift
Spouses and Significant Others Welcome

Register Online Today: www.icf-nt.com

Wanted: 2018 ICF-NT Webinar Coordinator

Do you enjoy coaching and technology equally? Or do you have an inherent talent with technology that you apply in the world of coaching?

ICF-NT is looking for someone interested in coordinating webinars on coaching models and tools, and business development topics. This Webinar Coordinator will join the Program Committee team under the direction of the Programs Board Director, Kristin Robertson. Kristin oversees all programs for the chapters and coordinates the face-to-face luncheons and events and workshops throughout the year.



If you are interested, contact Kristin Robertson, 2018 ICF-NT Programs Chair at kristin@brioleadership.com or Catherine Oleksiw, 2018 ICF-NT President at coleksiw@gmail.com.



ICF-CCEs Approved Courses

- * Group Coaching Certification
- * Group Coaching Practicum
- * Team Coaching Certification
- * Team Coaching Practicum

Courses starting as low
as \$495

Enroll Now



ICF-NT 2017 Board

President: [Jude Olson](#)

President-Elect: [Catherine Oleksiw](#)

Secretary: [Tim Kincaid](#)

Treasurer: [Mike Caracalas](#)

Past President: [Randy Fernandes](#)

Programs: [Kristin Roberts](#)

Membership: [Tracy Cadorine](#)

Social Media: [Norma Martinez](#)

Alliances: [Steve Coxsey](#)

Prism: [TBD](#)

Communications: [Lisa Seay](#)

2018 ICF-NT Board Election Results

2018 ICF-NT Board Election Results

The results of the 2018 ICF North Texas election were announced at the ICF-NT Annual Meeting on November 10, 2017. In compliance with the ICF-NT bylaws and election process, Full Members in Good Standing of ICF-NT shall receive an electronic ballot no later than November 1 in the year in which the election takes place. In meeting this requirement, an email with a link to the 2018 slate was sent out to all Full Members in Good Standing on Monday, October 30, 2017. The voting period extended to Thursday, November 9, 2017. The board approved the election results on November 10, 2017.

2018 ICF-NT Board Officers:

- Catherine Oleksiw, PhD, PCC – President (2017 President-Elect)
- Mike Caracalas, PCC – President-Elect (2017 Treasurer)
- Tim Kincaid, ACC – Secretary (continuing in same position from the 2017 Board)
- Steve Coxsey, PCC – Treasurer (2017 VP of Allied Organizations)

Per the ICF-NT bylaws, Jude Olson, PhD, ACC will serve as Past President in an advisory role to the President and the Board, with full Board voting rights.

Three Board members continuing in their same position from the 2017 Board are:

- Tracy Cadorine - VP of Membership
- Kristin Robertson, PCC - VP of Programs
- Lisa Seay, ACC – VP of Communications

New Board members elected for their first two-year term include:

- Kathleen Klaviter, PCC – Allied Organizations
- Lisa Yarbough, ACC – VP of Marketing/Social Media

Your 2018 Board...



Past President

Jude
Olson



President-Elect

Mike
Caracalas



President

Catherine
Oleksiw



Secretary

Tim
Kincaid



Treasurer

Steve
Coxsey



Social Media

Lisa
Yarbough



Communications

Lisa
Seay



Programs

Kristin
Robertson



Membership

Tracy
Cadorine



Alliances

Kathleen
Klaviter



**Get World-Class
COACH TRAINING**
from experts in the field

"...an incredible journey and transformation..."

"...truly transformational..."

"...an AMAZING program..."

LEARN MORE



*Just a friendly reminder
to please complete the
payment for your
monthly meeting
reservation at the time
you make your reservation
in order to be sure we've
ordered a meal for you.*

President's Message

Midwinter Transitions at ICF-NT ... Time to Reflect, Rest and Renew!



Midwinter signals the year is ending. It gives me a pause—to walk in the woods or sit by the fire—where I can take stock of the past year, rest with a long winter's nap and then begin dreaming for the New Year.

When I honor these transitions, I am renewed by:

1. **Marking the endings.** As you do, I send out my final invoices for the year, reviewing those proposals that didn't get approved and celebrating those that did. Taking inventory reminds me of the clients I enjoyed and those that remained 'challenging' to the end! I always relish throwing out old files and, especially, papers that I've graded for students who have graduated. Cleaning out and making space for the new somehow cleans the cobwebs in my own mind, as well. This year, I also put behind me my role as your chapter President with fond memories of chapter highlights, regional retreats and an international Global Leader Forum. Each week, I have relied on this wonderful 2017 Board to rally to action and adventure. I have never been so proud to be part of a team!
2. **Enjoying a rest.** The cold and dark of winter invites me to snuggle with the pups, a blanket and a cup of tea on the sofa to 'be' and not 'do.' I may watch a favorite movie or read fiction or poetry or magazines that have stacked up on the coffee table all year long. If I get inspired, I might get up to cook a new recipe or write a letter to a friend. I 'let go' of professional pursuits and take advantage of semester break to give my mind a rest, too. My only venture out might be the ICF-NT Board retreat where we all get to reflect and regroup together, then reset for another amazing year.
3. **Dreaming of possibilities.** When I let myself wander and wonder in the dark of the unknown, something new usually emerges. Like a star twinkling in the night—it could be something novel or simply a new twist to an old pattern. As Past President next year, I look forward to what the new Board of Directors will choose to explore. With Catherine Oleksiw at the helm as our incoming President, I'm sure there will be surprises sprinkled amidst new strategies! I will find a different niche, a new rhythm and a renewed perspective. My transition will end and an exciting new journey will begin.

Happy Holidays and Transitions to you all at ICF-NT!

Connect with me at President@icf-nt.com.



Jude Olson, PhD, ACC
ICF-NT President



ICF North Texas Vision and Mission

Vision

ICF-NT will be known as the leading resource for the coaching community and the organizations and individuals it serves, providing:

- A collaborative network of credentialed coaches
- Continuing education
- Impactful contributions to the coaching profession

Mission

To grow and develop a competent coaching community that drives results for coaches and those they serve.

Pro Bono Coaching at Texas Conference for Women

Pro Bono Coaching at the Texas Conference for Women

The Texas Conference for Women is an annual event in Austin that offers attendees the opportunity to experience pro bono laser coaching. In past years, non-ICF coaches were invited because ICF Austin could not provide enough coaches to meet the need. Austin chapter president Kelley Russell-DuVarney took a leap of faith and told conference organizers they did not need to invite non-ICF coaches this year because she would bring enough ICF coaches. Our North Texas chapter plus Austin and San Antonio provided additional coaches for the event, so it was an all-ICF volunteer core for the first time! Kudos to Kelley for realizing that vision and for organizing the first collaborative event to include all four Texas chapters.

This year's conference took place on November 9. Bev Wright, Lisa Seay, Sandi Mitchell, Dara Rossi, and Amy Dynda represented North Texas. Sandi provided the following firsthand account.

"7,500 women (and a few brave men) attended the 18th Texas Conference for Women in Austin this week! Speakers included the amazing Anita Hill, who stands for the right of girls and women to not be harassed or abused. Sheryl Sandberg and Adam Grant talked about building the resilience muscle needed to live through the 'Option B's' in our life. Viola Davis shared the testimonial of her journey from being the child of an alcoholic father and living in condemned housing to being a hero to millions of women and sharing the elixir of knowledge gleaned from her life.

"In addition to the phenomenal speakers, ICF coaches from all four Texas chapters came together and coached 155 hours, 20 minutes at a time (2-3 'clients' per coaching hour). It was a great experience and I look forward to more opportunities to partner with our other Texas ICF chapter. For example - our first ICF All-Texas Conference & Retreat in April 2018!"

For more information on the retreat Sandi mentioned, see the article in the newsletter and visit <https://www.facebook.com/groups/ICFTXconference/>.

ICF All-Texas Coaches Retreat — Register by Dec 15

ICF All-Texas Coaches Retreat and Conference April 6—8 Spaces Are Limited — Register by December 15!

ICF chapters from North Texas, Greater Austin, Houston, and San Antonio are collaborating to present a Coaches Retreat and Conference that will take place Friday through Sunday, April 6-8, 2018 in the Hill Country outside of Austin. The retreat, in a natural setting with comfortable accommodations on Lake Buchanan near Burnet, will focus on the importance for coaches of "Tuning the Instrument" through self-care, deepening self-awareness, and creating and strengthening connections with other coaches.

The event will include workshop experiences for CCEUs as well as open time to enjoy the activities available at the venue. The primary workshops will provide 5-6 CCEUs and optional workshops will provide additional CCEUs. Workshops and presentations will primarily be mapped to core competencies. The retreat will be designed similar to the arc of a coaching session, from establishing the agreement for a clear outcome, through self-exploration to create awareness, to designing specific takeaway actions to bring the experience into daily life.

Registration is now open! Sign up soon, because the resort is the only option for lodging, and they will release our block of rooms December 15.

Come to the Facebook page at <https://www.facebook.com/groups/ICFTXconference/> for the latest on cost and registration procedures. Join the conversation as we co-create the conference experience.

2017 ICF-NT Annual Meeting: “Celebrate You Home”

2017 ICF-NT Annual Meeting: “Celebrate You Home”

On November 10, 2017, the ICF North Texas chapter gathered to celebrate its members and the best of our chapter's past, present and future. The program was hosted by Chapter President, Jude Olson, PhD, ACC and ICF Global Board Director Sara Smith, MCC. Before the formal portion of the meeting started, Jude asked everyone to write down on the index cards provided on the tables one 2017 highlight at ICF-NT and one dream for the chapter in 2018.

History of our Chapter

Looking back to our founding history brought up the rich legacy of our chapter. First formed in 1995-96 by Judy Feld and Pam Straus as the North Texas Coaches Association, the Association had its first meeting of 14 attendees at Anne Marie's Kitchen in Dallas. When Thomas Leonard launched the new International Coach Federation (ICF) in 1996, North Texas Coaches asked to become the first official ICF chapter with the name ICF North Texas. On May 10, 1996, ICF North Texas became the first official ICF chapter, with a meeting at the Bill Bates Cowboy Grill in Dallas. 1996 is our chapter's anniversary year!

In 2003, under Judy Womack's presidency, ICF-NT became an ICF Charter Chapter per ICF guidelines as a nonprofit. Judy Feld played a leadership role in the chapter, serving as President for the first five years with Pam Straus, with Jodi Jan and then with Ginger Cockerham. Following this, Ginger served as President for the next two years. Judy served on the ICF Global board 2001-02, and was President in 2003. Ginger Cockerham served on the ICF Global board for seven years as a director from 2002-2006, and was Board Vice President in 2007 and 2008. She served on the ICF Foundation board for three years from 2008 through 2010.

Tribute to Ginger Cockerham, MCC

To honor Ginger Cockerham who passed away in 2017, the ICF-NT chapter gave tribute to her at the annual meeting. Members who knew Ginger shared stories and fond memories of her sense of humor, spirit, and passion for coaching and the chapter. Jude presented Ginger's son with a commemorative tribute to Ginger in appreciation for her long-time leadership and lasting contribution to the coaching profession, its institutions, and coaches everywhere. Her legacy will live on in the resources and books that her family so generously donated to the chapter. We will share these with members at our 2018 luncheon meetings.

Past Presidents Honored

The chapter has such a powerful resource to tap into in its past presidents. To acknowledge their leadership and ongoing contribution to the chapter, all past presidents in attendance were asked to stand so they could be acknowledged by chapter members. Eleven of the eighteen past presidents were on hand and they all stepped forward to receive a Presidential Mug (of Mount Rushmore) from Jude to thank them for their service.

Distinguished Service Award – First One Awarded by the Chapter!

The annual meeting showcased the newly created Distinguished Service Award, given in recognition of distinguished service to the chapter and the coaching profession. The award, a best practice “borrowed” in 2016 from the Minnesota ICF chapter on engaging and retaining long-term members, has been two years in the making. Both the nominating coach and the coach being nominated must be active ICF-NT members in good standing and hold a current ICF credential. ICF-NT chapter volunteers developed the four selection criteria: contribution to ICF-NT, contribution to the coaching profession, being a role model for other coaches, and demonstrating professionalism of coaching.

Winner of Distinguished Service Award – JUDY FELD!

The three nominees for the award were Jim Cooper, PCC; Judy Feld, MCC; and Sara Smith, MCC—all exceptional members of the chapter. Judy Feld was presented with the Distinguished Service Award.

Besides being one of the chapter's founders, serving on the ICF Global board and establishing past presidents' advisory councils at ICF-NT and ICF Global, Judy was founding co-editor and publisher, with Thomas Leonard, of *Coaching News*, the ICF e-newsletter. One of the first 20 coaches to receive MCC designation on its inception in 1998, Judy is a Certified Mentor Coach and has mentored over 100 coaches, including ICF-NT past presidents. Co-founder of the Executive and Professional Coaching Program at UTD in 2005, Judy served on the faculty, led the Coaching Practicum, and managed faculty training as well as credentialing for the ICF Accredited Coach Training Program (ACTP). She also was instrumental in the creation of the Prism-Award-winning coaching initiative in UTD's Executive MBA program.

Top Ten Highlights of 2017

Jude listed the top ten highlights of 2017 and each board member shared a mini summary of accomplishments. In brief, 2017 was a productive and healthy year for the chapter. Membership growth is up by 15% with 22 new members. We are in good shape financially moving into 2018 with increased revenues. Newly formed LINC groups are thriving. The variety of programs and presenters are attracting members to the monthly meetings, with attendance up by 26%. This past year, we offered 26 CEUs in programming (13.5 Resource Development and 12.5 Core Competency). And, we awarded credentials to 22 members (13 ACC, 8 PCC and 1 MCC) bringing us to 6 MCCs in our ICF-NT Chapter! Members continue to be afforded opportunities for pro bono coaching, and the president's club is an invaluable resource for the board and the chapter. For 2018, a communications plan is underway to develop more sophisticated platforms for interacting and engaging.

Continued on Page 6 . . .

Welcome to Our ICF North Texas New Members

Oct 26 — Nov 20

Traci Byerly
Frederick Byerly
Shannon Yarbrough



ICF Global News

Please click [here](#)
to read the latest
ICF Global News!

Renew Your ICF Membership

[Renew your ICF membership](#)

and your credential for
another year to connect
with our cutting edge
coaching research,
lifelong learning, and
opportunities for networking
and community-building.



2017 ICF-NT Annual Meeting (Continued)

Continued from Page 5 . . .

Top 10 Highlights of 2017

1. Board Values and Vision
2. LINC Groups
3. Prism Retrospective
4. Financial Health
5. Membership Growth and Certifications
6. Programs Success
7. Communications and Facebook Group
8. Distinguished Service Award
9. President's Club
10. Alliance Partners

View from the Top – ICF Global Strategic Goals and a Glimpse to the Future

Sara Smith, MCC, ICF Global Board Member, revealed the latest planning and thinking of ICF Global. The Strategic Goals of ICF Global reflect a vision of excellence and expansion as outlined by Sara. Three key trajectories are ICF Members represent excellence in the professional coaching, ICF is the most relevant professional coaching organization, and ICF has the strongest global brand. In building the strongest global brand, ICF is developing and implementing plans to expand the scope and influence of the organization such as creating offerings for organizations and corporations building coaching cultures, establishing thought leadership through a Thought Leadership Institute, expanding the activities of the ICF Foundation, and exploring the separation of the Credentialing and Accreditation functions. We'll continue to hear from Sara on a regular basis throughout 2018 as ICF Global's work continues to touch the quality and reach of our chapter's work.

Tribute to 2017 Board President Jude Olson

In a surprise move, Catherine presented Jude Olson, the outgoing board president, with a tribute in gratitude for her vision, energy and heart that she shared throughout her presidency.

Newly elected 2018 ICF-NT Board Officers and Directors

Jude Olson reported the election results and announced the new 2018 Officers and Board of Directors.

President Catherine Oleksiw, PhD, PCC
President-Elect Mike Caracalas, PCC
Secretary Tim Kincaid, ACC
Treasurer Steve Coxsey, PCC
Past President Jude Olson, PhD, ACC
Tracy Cadorine – VP of Membership
Kathleen Klaviter, PCC – Allied Organizations
Kristin Robertson, PCC – VP of Programs
Lisa Seay, ACC – VP of Communications
Lisa Yarbrough, ACC – VP of Marketing/Social Media

The newly elected president, Catherine Oleksiw, literally acknowledged the passing of the baton by accepting the gavel she received from Jude. She recognized the board who had worked so hard in 2017 and the new board, many of whom would be continuing in 2018. Her Call to Action to everyone present was simple: Engage. Lend your talents to the chapter and help us grow and share and learn from each other. 2018 will be a great year for the chapter! Catherine ended with a promise to take seriously the comments that members had written on index cards at the beginning of the meeting.

Jude and Catherine closed the Annual Meeting on a celebratory note by toasting with everyone the best of 2017 and the promise of 2018.

Are you newly Credentialed?

Have you recently earned an ICF Coaching Credential?
Your ICF-NT Chapter wants to recognize your achievement.

Please email Tracy Cadorine (memberships@icf-nt.com)
so your professional organization can recognize your accomplishment.

YOUR COMPANY NAME



Advertise your services,
offer your books,
or tout your expertise to
ICF-North Texas members

Contact us to advertise in both
our monthly newsletter and on
our web site for only:

\$100 quarterly for members
\$350 yearly for members
\$150 quarterly for non-members
\$550 yearly for non-members

\$25 fee for changes to Ads in
the middle of a paid period

- ✓ High Res (300 dpi) jpeg ad
- ✓ jpeg at least 250 pixels wide
- ✓ Ads are subject to approval
of ICF-NT's Board
- ✓ Artwork and content must be
approved and payment made
prior to placing ad

Contact Mike Caracalas today
(treasurer@icf-nt.com)
to have your ad posted

Upcoming Chapter Meetings and Events

December 1	Registration deadline for the ICF-NT Holiday Fiesta. Register here .
December 7	ICF-NT Holiday Fiesta. At Via Real Restaurant from 5:00—8:00 PM. The \$40 per person cost includes dinner and 2 drink tickets, complimentary dessert, and a FREE gift. Spouses and significant others are welcome!
December 15	Registration deadline for Texas ICF Coaches Retreat and Conference. April 6—8, 2018, in Austin. Visit the Facebook page for more information on cost and registration procedures: https://www.facebook.com/groups/ICFTXconference/
January 12	ICF-NT Luncheon Program at Hackberry Creek Country Club. Details are forthcoming.
February 9	ICF-NT Luncheon Program at Hackberry Creek Country Club. Details are forthcoming.
March 9	ICF-NT Luncheon Program at Hackberry Creek Country Club. Details are forthcoming.
April 6—8	ICF All-Texas Coaches Retreat and Conference. Register at: https://www.facebook.com/groups/ICFTXconference/ By Dec 15. The retreat and conference will be held in the Hill Country outside of Austin. The event will include workshops providing CCEU credits.
April 14	ICF-NT Luncheon Program at Hackberry Creek Country Club. Details are forthcoming.

Tell Us About Your Coaching Success Stories!

We'd like to hear about your coaching success stories—the successes of your coaching business and especially your clients' successes. These are an integral part of our ICF North Texas Coaches story. Your experiences remind us of our mission to grow and support a professional coaching community that drives results for individual coaches and those they serve. And sharing your story could help others.

Please take a minute to tell us about a positive experience you've had as a Coach. All stories will be reviewed and documented, and with permission, we may share your story online or in one of our ICF-NT publications.

If you're willing to share your story, please contact PR@icf-nt.com.

International Coach Federation—North Texas Chapter
www.icf-nt.com

Follow us on:

